

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

## Exercise Walking / Running<sup>①</sup>

Aetrex	Rx Runner
Altra	Provision
Asics Gel	Evolution Foundation Kayano
Brooks	Addiction Adrenaline Ariel* Beast* Vapor
Hoka	Bondi Conquest Stinson
New Balance	990 1012* 1260 1540*
Nike	Structure Triax
Saucony	Grid Stabil Hurricane

## Walking<sup>①</sup>

Aetrex	All Walkers
Brooks	Addiction Walker (Leather)*
Dunham	All Walkers
New Balance	847 928* Postal 706 813
Saucony	ProGrid
SAS	Time Out(m) Free Time(w)

## Trail Running / Light Hiking

Asics	GT-2000
Brooks	Adrenaline Cascadia
Hoka	Tor Ultra Hi Tor Summit
Keen	Targhee II (2)
Merrell	Chameleon Refuge
New Balance	852 978 1210
Patagonia	Drifter

## Cross Trainers / Aerobics

Adidas	Barricade
Asics	Gel-Resolution
New Balance	806 1296
Nike	Vapor Zoom
Prince	T-22

## Basketball

Adidas	Crazy Explosive Harden
Nike	Kyrie Zoom

## Extra-Depth Shoes<sup>①</sup>

Aetrex Apex Dr. Comfort Drew Orthofeet P.W. Minor Soft Spot

## Dress Shoes—Women: Heels, Flats, Casual

Aetrex Aravon Ariat Beautifeel Blend Cole-Haan Dansko Finn Comfort Munro Naot Rieker Rockport Salamander Sanita Selby Sudini Taryn Rose Theresia

## Dress Shoes—Men

Aetrex Allen Edmonds Cambrian Cole-Hann Dansko Dunham Ecco Naot Neil M. Rockport

## Sandals

*Sandal brands that can accommodate custom orthoses include:*

Aetrex Sandalistas Ariat Birkenstock Cambrian Dansko Finn Comfort Naot Theresia

## Rocker-Soled Shoes

Alegria Dansko Hoka

## Clogs and Slippers

*Nontraditional slippers for support and comfort.*

Aetrex Krista Alegria Finn Comfort Orb Heflinger Clogs Merrell Jungle Moc Naot Iceland or Glacier Stegmann Clogs Timberland Professional Clogs

## Insoles

*To go under orthotic after removing shoe insole*

**Dr. Scholl's:** Air pillow insole      **Spenco:** Flat insole

<sup>①</sup>Best shoe types for use with ProLab AFOs  
\*Maximum motion control

*Wearing proper shoes is an important part of orthotic therapy.  
Always remove the shoe insole before inserting orthotics.*